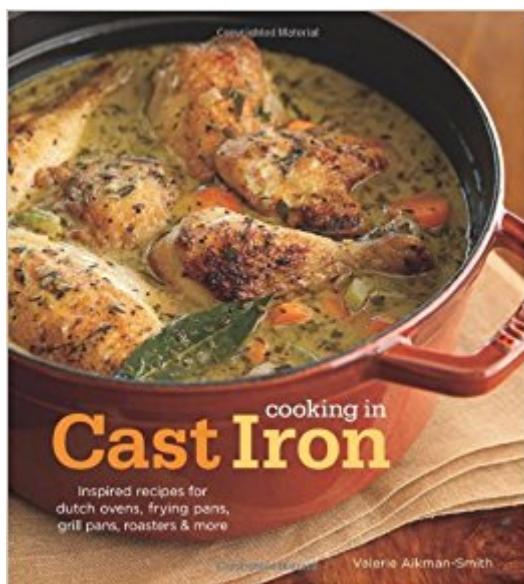


The book was found

Cooking In Cast Iron: Inspired Recipes For Dutch Ovens, Frying Pans, Grill Pans, Roaster, And More



Synopsis

Stylish and functional cast-iron cookware is prized for its versatility, durability, and exceptional heating capabilities. Now home cooks can get the most out of their cast-iron collection with over 40 recipes for the Dutch oven, skillet, and more. Whether it's your grandmother's well-seasoned black skillet or the brightly colored enameled pot you received as a wedding present, cast iron is the perfect choice for nearly any cooking task. You can use a Dutch oven to slow-simmer chicken until meltingly tender; a heavy frying pan to sear steaks to a juicy, browned finish; a ridged stove-top grill pan to cook golden and oozing cheese sandwiches; and a sturdy roasting pan to caramelize sweet root vegetables in the oven. Organized by type of cookware, each chapter shows the many ways to use these popular pots and pans, adored by professional chefs and home cooks alike. More than 40 tempting recipes are included, many of which boast beautiful, full-color photographs. From a hearty vegetable frittata and spicy beef chili to comforting lemon-herb chicken and decadent chocolate bread pudding, this book offers recipes for every meal of the day. Sample Recipes: Dutch Ovens & Braisers Olive oil braised potatoes with herbs Brussels sprouts with bacon & onions Herbed beef stew Southern-style fried chicken Garlic-braised chicken Asian-style braised short ribs Rustic walnut no-knead bread Berry cobbler Frying Pans Tomato, arugula & goat cheese frittata Dutch baby with cinnamon pears Zucchini fritters with herbed yogurt Jalapeño-cheddar corn bread Grill Pans Summer vegetables with balsamic Fish tacos with mango salsa Chicken under a brick Three-cheese panini Peaches with cardamom honey Baking, Roasting & Gratin Pans Breakfast strata Potato & chard gratin Macaroni & cheese with bread crumbs Meat lasagna Rhubarb & apple crumble

Book Information

Hardcover: 112 pages

Publisher: Weldon Owen (September 4, 2012)

Language: English

ISBN-10: 1616280336

ISBN-13: 978-1616280338

Product Dimensions: 7.5 x 0.6 x 8.5 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (60 customer reviews)

Best Sellers Rank: #333,278 in Books (See Top 100 in Books) #39 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Cast Iron #42 in Books > Cookbooks, Food & Wine > Kitchen

Customer Reviews

I cannot find an unkind thing to say about this wonderful book. The presentation of the pages and the photography are superb. Each group of recipes functions as a launch pad for cooking in a particular type of cast iron equipment. So far I have only cooked several recipes since most rely on the oven and it is hot hot summer here right now, but the ones I have tried are fabulous versions of tried and trued down home cooking -- foods most Americans eat on a regular basis. (Americans who sit down and eat at a table, that is) For example a frittata forms the basis for most weekend breakfasts in our house. We tired of scrambled eggs and sausage many years ago. Fried eggs are messy and boring, but frittatas are fun and exciting and don't take any longer than frying eggs and then cleaning the stove. They start on the stove top and finish in the oven. The recipe in the book uses arugula and goat cheese. Well I was out of goat cheese but had feta. Very similar cheeses. And I do not care for arugula but love spinach. Easy substitution. Another favorite stove top recipe for us is braised pork chops -- these are in the frying pan section of the book. The recipe calls for figs. I hate figs. But the rest of the recipe is fantastic, with fresh thyme, shallots and garlic infusing enough flavor to the cider glaze that the figs were not missed. I served apple sauce on the side. Wonderful. I cannot say enough for the brussels sprouts with bacon. I have tried to make a version of that that I never got just right until I tried the recipe in this cookbook. We are just now starting to see brussels sprouts in the stores.

[Download to continue reading...](#)

Cooking in Cast Iron: Inspired Recipes for Dutch Ovens, Frying Pans, Grill Pans, Roaster, and more
Weight Loss Stir-Frying: 48 Low Carb, Low Fat Recipes for Quick and Easy Wok and Cast Iron
Cooking (Wok & Stir-Frying) My Lodge Cast Iron Skillet Cookbook: 101 Popular & Delicious Cast
Iron Skillet Recipes (Cast Iron Recipes) (Volume 1) Dutch: My Daddy is the Best. Mijn papa is de
beste: Children's Picture Book English-Dutch (Bilingual Edition) (Dutch Edition), Childrens books in
Dutch ... Dutch books for children) (Volume 7) Southern Cooking: Southern Cooking Cookbook -
Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving -
Southern Cooking Recipes - Southern Cooking Cookbook Recipes Dutch Oven Cooking: 30
Mouthwatering Dutch Oven, One Pot Recipes for Quick and Easy Campfire Meals (Dutch Oven &
Camp Cooking) Cast-Iron Cooking: Recipes & Tips for Getting the Most out of Your Cast-Iron
Cookware Cast Iron Skillet Weeknight Meals For Two: 56 Delicious Cast Iron Skillet Recipes For
Poultry, Pork, Beef & Other Meat, Vegetable And Seafood Dishes A Cast Iron Morning: The 50 Best

Cast Iron Breakfast Recipes That Anyone Can Make Cast Iron Cookbook: Volumes 1-4: Cast Iron Breakfast, Lunch, Dinner & Dessert Recipes Casserole Cookbook: Quick and Easy Low Budget Recipes for Your Oven, Dutch Oven or Cast Iron Skillet! (Make-Ahead Lunch and Dinner Recipes) Dutch Oven & Cast Iron Cooking Cast Iron, Cast On: Cooking and Knitting Through the Seasons Cooking with Fire: French Family Recipes & More for Woodfire Ovens (Book & DVD) Camping Cookbook: Dutch Oven Cast Iron Recipes (Volume 3) Grill Master (Williams-Sonoma): The Ultimate Arsenal of Back-to-Basics Recipes for the Grill Easy Campfire Cooking: 200+ Family Fun Recipes for Cooking Over Coals and In the Flames with a Dutch Oven, Foil Packets, and More! IRON MEN, IRON WILL: The Nineteenth Indiana Regiment of the Iron Brigade Cooking with Cast Iron Skillets: Timeless and Delicious Family Recipes Family Camping Recipes: A Kid Inspired Camp Cookbook for Dutch oven, campfire, gr (Cooking with Kids Series) (Volume 9)

[Dmca](#)